



Good Foods Chunky Guacamole SS 2oz for MX

Number of Servings: 1.786 (56 g per serving)

Weight: 100 g

Nutrition Facts	
servings per container	
Serving size	1-2.0oz Unit (56g)
Amount per serving	
Calories	70
% Daily Value*	
Total Fat 6g	8%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 260mg	11%
Total Carbohydrate 4g	1%
Dietary Fiber 3g	11%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0.3mg	2%
Potassium 220mg	4%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

Ingredients:

HASS AVOCADOS, TOMATOES (TOMATOES, TOMATO JUICE, SALT), ONIONS, RED ONIONS, CILANTRO, LIME JUICE, SEA SALT, JALAPENO PEPPERS, GARLIC.

Notes:

-MX formula with all hand-scooped and no pulp