



Chunky Guacamole – Mexico (16 OZ)

Nutrition Facts Panel

Nutrition Facts	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
	Total Fat 3.5g		4%	Total Carbohydrate 3g
Saturated Fat 0g		0%	Dietary Fiber 2g	7%
Trans Fat 0g			Total Sugars 0g	
Cholesterol 0mg		0%	Includes 0g Added Sugars	0%
Sodium 150mg		7%	Protein 1g	
Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0.1mg 0%				
Potassium 130mg 2%				

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

About 13 servings per container

Serving size
2 Tbsp (33g)

Calories per serving **40**

Ingredients

HASS AVOCADOS, TOMATOES (TOMATOES, TOMATO JUICE, SALT), ONIONS, RED ONIONS, CILANTRO, LIME JUICE, SEA SALT, JALAPENO PEPPERS, GARLIC.