



Good Foods Ranch Greek Yogurt Dip GF 229150107/B0100009

Nutrition Facts Panel

Nutrition Facts	
About 11 servings per container	
Serving size	2 Tbsp (34g)
Amount per serving	
Calories	70
	% Daily Value*
Total Fat 6g	8%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 150mg	7%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 50mg	4%
Iron 0.1mg	0%
Potassium 30mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

Allergens

Contains Egg, Milk.

Ingredients

LOW-FAT GREEK YOGURT (GRADE A PASTEURIZED SKIM MILK, MILK PROTEIN CONCENTRATE, CREAM, PECTIN, ENZYMES, LIVE ACTIVE CULTURES), MAYONNAISE (NON-GMO EXPELLER PRESSED CANOLA OIL, SALTED EGG YOLK [EGG YOLK, SALT], LEMON JUICE FROM CONCENTRATE [WATER, LEMON JUICE CONCENTRATE], WHITE WINE VINEGAR, WATER, MUSTARD FLOUR), BUTTERMILK (CULTURED LOWFAT MILK, NONFAT MILK, SALT, VITAMIN A PALMITATE), CELERY, ONIONS, GARLIC, RED WINE VINEGAR, SEA SALT, LEMON JUICE, PARSLEY, CHIVES, DILL, XANTHAN GUM, BLACK PEPPER.

Notes

12oz