



Good Foods Cranberry Almond Chicken Salad B030001

Nutrition Facts	
Serving size	1- 4oz Unit (113g)
Amount per serving	
Calories	130
% Daily Value*	
Total Fat 3.5g	4%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 300mg	13%
Total Carbohydrate 12g	4%
Dietary Fiber 1g	4%
Total Sugars 9g	
Includes 7g Added Sugars	14%
Protein 13g	
Vitamin D 0mcg	0%
Calcium 90mg	6%
Iron 0.6mg	4%
Potassium 250mg	6%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients:

CHICKEN BREAST (CHICKEN BREAST WITH RIB MEAT, CHICKEN BROTH, SEA SALT, RICE STARCH), LOW-FAT GREEK YOGURT (GRADE A PASTEURIZED SKIM MILK, MILK PROTEIN CONCENTRATE, CREAM, PECTIN, ENZYMES, LIVE ACTIVE CULTURES), CELERY, ONIONS, SWEETENED DRIED CRANBERRIES (CRANBERRIES, SUGAR, SUNFLOWER OIL), APPLE CIDER VINEGAR, RAW CANE SUGAR, ROASTED ALMONDS, SEA SALT, POPPY SEEDS, XANTHAN GUM, BLACK PEPPER.

Allergens:

Contains Milk, Tree Nuts (Almonds).