



Good Foods Feta Cucumber Dip GF B020005

Nutrition Facts Panel

Nutrition Facts	
About 7 servings per container	
Serving size	2 Tbsp (34g)
Amount per serving	
Calories	45
% Daily Value*	
Total Fat 3g	4%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 160mg	7%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 80mg	6%
Iron 0.1mg	0%
Potassium 20mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

Allergens

Contains Milk.

Ingredients

LOW-FAT GREEK YOGURT (GRADE A PASTEURIZED SKIM MILK, MILK PROTEIN CONCENTRATE, CREAM, PECTIN, ENZYMES, LIVE ACTIVE CULTURES), NEUFCHATEL CHEESE (PASTEURIZED MILK, CREAM, CHEESE CULTURES, SALT, STABILIZERS [CAROB BEAN, XANTHAN GUM, GUAR GUM]), FETA CHEESE (PASTEURIZED MILK, SALT, CHEESE CULTURES, ENZYMES, POTATO STARCH), CUCUMBER, LEMON JUICE, GARLIC, DILL, SEA SALT, BLACK PEPPER, XANTHAN GUM.